

**Minutes of the Meeting of the Brandon Age Friendly Committee of Council
Held October 19, 2023 at 5:15 p.m. virtually on Microsoft Teams**

Present:

Chair Nancy McPherson, PMH Representative
Perry Roque, City Representative
Areta Donnelly, Citizen Representative
Meryl Orth, Citizen Representative
Doug Fraser, Citizen Representative
Rob Lavin, Citizen Representative
Greg Hildebrand, Councilor
Heather Karrouze, Councillor

Regrets:

Co-chair Susan Boyachek, Citizen Representative
Amber Johnson, Program Administrator

1.0 Call to Order

Welcome/Introduction

The meeting was called to order by Perry Roque at 5:15 PM.
Perry welcomed all attendees and introduced the agenda.

2.0 Approval of Agenda

MOTION: Rob/Areta

Carried

(35/2023)

To approve the October 19, 2023 Age Friendly Committee agenda as circulated

3.0

Approval of Age Friendly Committee Minutes

MOTION: Meryl/

Carried

(36/2023)

To approve the meeting minutes of October 19, 2023 as received.

4.0 Presentation

5.0 Correspondence

6.0 Old Business

A. Action Plan/Metrics/Terms of Reference updates - All (deferred)

B. BU Nursing Student Project Update

Douglas Fraser gave an update on the nursing student project, saying that it is well underway. Two nursing students, Annaliza and Mary, have developed a plan of action and are actively implementing it. Perry Roque expressed gratitude for the progress made by the nursing students under the guidance of the committee.

C. T&C alternate speakers update - D. Fraser/N. McPherson

Douglas Fraser provided an update on the efforts to secure alternate speakers for the Age Friendly Committee meetings. He reported having a meeting with Candace Waddell and discussed the possibility of her attending the Age Friendly Committee meeting on January 21. Candace Waddell expressed interest and willingness to participate, possibly bringing a colleague involved in drum-making with Indigenous men.

Doug informed the committee that the proposed date worked well for Candace, and Susan also confirmed its feasibility. Perry Roque acknowledged the positive development and mentioned that Candace seemed enthusiastic in their email exchange.

Additionally, Doug mentioned another potential speaker associated with the Community Wellness Collaborative, working with the Community Mobilization Hub. Perry expressed interest in inviting various speakers periodically to keep the committee informed about community developments relevant to age-friendly initiatives.

D. WCG/Newsletter Subcommittee update (deferred)

E. Health Checks Update – M. Orth

Meryl expressed gratitude to Areta and Doug for representing the Age Friendly Committee at the event on September 19th at the Healthy Living Center. She emphasized the hope that their attendance has increased exposure for the committee within the community. Meryl conveyed that Health Checks is interested in knowing if Doug and Areta found the event beneficial. Perry Roque responded affirmatively, stating that it was indeed beneficial, expressing full agreement at 100%. The overall tone of the update was positive, highlighting the committee's active involvement in community events and the positive impact on exposure.

F. City of Brandon Housing Needs Report – July 2023 discussion – All

Perry Roque discussed housing issues like zoning and secondary suites. He suggested considering challenges that arise from zoning restrictions when reviewing the report. Perry brought up a past student project in urban planning from the University of Manitoba, which showcased posters with recommendations for secondary suites. Perry also shared insights on the challenges related to housing, suggesting that the Age Friendly Committee explore applications for variances that allow for alternative housing solutions.

Perry emphasized the importance of reading through a housing needs assessment report sent earlier, suggesting it could be a relevant area for Age Friendly to explore. Overall, the tone of the discussion was informative and suggested a potential area of interest for the committee.

7.0 New Business

A. Grant Opportunities

7.A.1 New Horizons grant – Sept 28th extension from Sept 1st

7.A.2 AF MB Community Collaboration Grant

Perry expressed interest in a Manitoba collaboration grant and mentioned difficulties finding it online. Greg emphasized the importance of being

prepared for funding opportunities. Perry committed to finding and sharing details of the AF MB Community Collaboration Grant.

B. AF Process to Recognize Specific Dates – M. Orth

Perry Roque addressed an email from Meryl Orth sent at the end of September regarding the International Day of the Older Person. Perry emphasized the need for a plan to address important dates like October 1st and others in the fall. Meryl provided several points related to the dates in October and June, prompting the committee to consider a structured approach to recognizing and planning for these specific dates. The discussion set the stage for developing a process to effectively acknowledge and commemorate significant occasions related to the aging community.

Important Dates for Recognition:

- International Day of the Older Person - October 1st
- Elder Abuse Awareness
- Day of Truth and Reconciliation

8.0 Information Items

A. Third Age Learning Co-operative (TALC) meeting, Friday October 20th at 9:30am in Room 107 at BU

8.A.1

Meryl mentioned the Third Age Learning Co-operative meeting scheduled for October 20th.

9.0 Adjournment

(37/2023)

MOTION:

To adjourn the meeting at 6:45 pm.

Carried

Co-Chairperson

Date

Next Meeting: November 16, 2023

Minutes prepared by Amber Johnson